SELF-DEFENCE TRAINING PROGRAMME OF GIRL STUDENTS IN THE STATE UNDER STATE YOUTH POLICY-2013

The State Government has announced a progressive Youth Policy, 2013 for the benefits of college girl students of Odisha.

Objectives:

- To empower women.
- To enable them to defend against any type of physical assault.
- To build self-confidence so that they can contribute meaningfully to their own development, shape their own destiny and capacity enhancement through Self-defence training.

What is its status?

- The Self-defence training programme is continuing for 3rd years with spectacular success.
- Till date we have trained 1200 Master Trainers.
- Around 2.5 lakhs girls have received training each year with budget allocation of Rs.6.00 crores in 2013-14 and Rs.5.60 crores subsequently.
- Funds are distributed to the Nodal Colleges and which in turn distribute the same to other controlling colleges.

Operational Strategy:

- A State Level Monitoring Unit headed by a senior officer.
- 30 colleges from 30 districts of the State have been selected to be nodal colleges for controlling the self-defence training in colleges under their jurisdiction.
- The Principal of the nodal college will select active and sportive girl students preferably from NSS, NCC, Red cross, Rover & Ranger background with strong aptitude for master trainer training and sponsored their name to training institute.
- For giving training at college level, training will be of one hour duration in a day for two weeks excluding Sundays and holidays.
- Total number of training days are 12 days.
- Two batches are trained in a day by one master trainer.
- Fund allocation per student is Rs.300/-. Which includes
a. Trainee remuneration is Rs.100/- per student.
b. Diet allowances per student for each trainee is Rs.10/- per day.
c. Contingency is Rs.30/- per student.
d. Rs.50/- for self-defence book ‘REACT’ per each student.

**Monitoring system:**

Four-tier monitoring system is in place.

1\(^{st}\) tier
- Principal, Nodal College
- Principal, Sub-nodal College
- Coordinators of concerned college

2\(^{nd}\) tier
- District Level Consultant (DLC)
- Principal of all individual college

3\(^{rd}\) tier
- District Collector
- SP
- CDMO
- Principal Nodal College
- DPO (NSS)
- Senior NCC officer

4\(^{th}\) tier
- The advisor (State Level Self-defence cell)
- SLO-cum-Deputy Secretary

These committees will meet from time to time to monitor the training programme in the field. A monthly review meeting at Government level is held to review the programme implementation.